

We claim:

1. A safety restraint device comprising:
 - a base rod having attachment devices for temporarily affixing said base rod to a frame member;
 - 5 one or more releasable mounting devices for receiving and attaching at least one of a variety of accessories to said base rod; and
 - optionally, at least one accessory for attachment to said releasable mounting device.
2. A safety restraint device as claimed in Claim 1 wherein said accessory is one or more removable, interchangeable devices which can be added or removed from the releasable mounting device.
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3. A safety restraint device as claimed in Claim 1 wherein said accessory comprises a winch assembly having a winch; a static line operatively connected to the winch; and a mounting attachment for attaching said winch accessory to said releasable mounting device.
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4. A safety restraint device as claimed in Claim 3 wherein said winch comprises a locking mechanism so that the static line can be drawn tight using said winch, and maintained in a tightened condition.
5. A safety restraint device as claimed in Claim 4 wherein said locking mechanism is a ratchet assembly.
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6. A safety restraint device as claimed in Claim 2 wherein said accessory comprises 2 or 3 winch assemblies.
7. A safety restraint device as claimed in Claim 1 comprising two releasable mounting devices for receiving and attaching at least one of a variety of accessories to

said base rod.

8. A safety restraint device as claimed in Claim 1 wherein said accessory is a winch assembly, a ladder, a light, a sign, a radio, a handrail, a platform, or a suspended platform.

5 9. A safety restraint device as claimed in Claim 1 wherein said accessory is attached to said releasable mounting device using a lock pin.

10. A safety restraint device as claimed in Claim 1 wherein said attachment devices are two C-shaped or V-shaped attachment brackets.

10 11. A safety restraint device as claimed in Claim 10 additionally comprising a threaded locking rod operatively connected to at least one of said attachment brackets, and a crank connected to one end of said locking rod, so that turning of the crank results in relative movement of said attachment brackets.

12. An accessory for use with a safety restraint device as claimed in Claim 1 comprising a winch assembly, a ladder, a light, a sign, a radio, a handrail, a platform, 15 or a suspended platform.

13. An accessory as claimed in Claim 12 comprising a winch assembly having a winch, a static line operatively connected to said winch, and having a mounting attachment for attaching said accessory to said safety restraint device.

20 14. A process for establishing a static line for a safety restraint system in a framing situation comprising:

separately attaching a first base rod and a second base rod to two vertical frame members;

mounting a static line containing accessory to said releasable mounting device on said first base rod;

extending a static line from said static line containing accessory and connecting it to said second base rod, so as to establish a static line between said base rods.

15. A process as claimed in Claim 14 wherein said base rods are attached to said vertical frame members while said vertical frame members before installation of said vertical frame members into a vertical position.

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16. The use of a safety restraint device as claimed in Claim 1.